



Dear, Player/Parent;

Re: Calgary Bantam Football Association Equipment Information

Welcome to the Calgary Bantam Football Association (CBFA), this association was founded some 40 years ago on the principals of introducing the youth of Calgary and area to the sport of football and the equality of member teams within the CBFA. To help maintain the equality of the 14 programs in the CBFA the league provides the basic equipment required to play the game, this includes the helmet, shoulder pads, various soft pads and game uniforms. Personal items such as under-garments, cleats and socks are the responsibility of the player although some teams may provide some of these items to the players as part of the team registration.

The following information is intended as an overview;

#### **Equipment Quality**

The CBFA takes great care to provide the best quality football equipment available to its players within a standard approved by the board of directors. The helmet in particular has been chosen by the league as it provides a full measure of protection to the athlete while adding the least amount of mass to the head which can help in the prevention of neck, spine and head injuries. It has been generally accepted by all equipment manufacturers, sports authorities and medical experts that no helmet can prevent neck, spine, head or a concussion brain-injury however, they are designed to provide protection to the head within the rules of the game and do make the game safer for the athlete to play. All football helmets pass the same testing and are all National Operating Committee on Standards for Athletic Equipment (NOCSAE) certified. To the best of the CBFA's knowledge, NOCSAE has established the most rigorous standards for football helmet performance.

The equipment provided by the league is approved for use by youth through high school athletes and is designed for developing athletes of this age level. Helmets and shoulder pads are inspected annually by the league and are replaced on a regular schedule to ensure that the equipment provided is as safe as possible.

#### **Issue & Return of Equipment**

Equipment will be issued to the individual teams on the last Saturday of July each year and will then be issued to players thereafter on the team's schedule.

Each player will be issued the following standard set of equipment:

(Qty 1) ADAMS Helmet, fitted by a member of the team's coaching staff (to be returned at the conclusion of the season).

(Qty 1) Set of Shoulder Pads fitted by a member of the team's coaching staff (to be returned at conclusion of season).

(Qty 1) Set of Hip & Kidney Pads (to be returned at conclusion of season).

(Qty 1) Pair of Thigh Pads (to be returned at conclusion of season).

(Qty 1) Pair of Knee Pads (to be returned at conclusion of season).

(Qty 1) Pair of Practice Pants (to be returned at conclusion of season).

(Qty 1) Pair of Game Pants (to be returned at conclusion of season).

(Qty1 ) Game Jersey

(Qty 1) Athletic Girdle (personal item to be kept by the player).

(Qty 1) Mouth Guard (personal item to be kept by the player).

Equipment will be returned to the league by the team on the Saturday following their last game of the season.

### **Equipment Care and Maintenance**

Helmets are **not** to be cleaned by any commercial cleaner of sports equipment, as per the instructions supplied by the helmet manufacturer, helmets should only be cleaned by flushing the helmet with clean water (**Do Not disassemble the helmet**) in the shower or with a hose and leave in a warm location to air-out and dry. A mild dish soap solution may be used to wipe out the interior of the helmet or to clean the shell (**Do Not use chemical cleaners of any sort**).

Shoulder Pads can be commercially laundered and disinfected by sports equipment wash vendors at the players/parents discretion (once per season). The player/parent can take the shoulder pads to the sports equipment wash to be laundered and bring the receipt to the league on a game day for reimbursement.

Uniforms should be laundered on a weekly basis in cold water and hung to dry, Please **Do Not use bleach**, as it will dry out the material and will negatively affect the life of the garment.

If you have any questions please contact either your coaching staff or your league representative for more information, as they have been advised & educated in these matters.

Respectfully,

Ken Toone  
Director of Equipment Management  
Calgary Bantam Football Association